TRY OUR DAILY SPECIALS!



$7.99* BREAKFAST SPECIAL

*Available Monday–Friday, 7–9 a.m. | Taxes extra
Valid dine-in only | Not valid on statutory holidays

$14.99* BURGERS OF THE DAY



MONDAY
California Burger

Cheddar, smashed avocado, lettuce, tomatoes, red onions & pickles, topped with chipotle mayo. (1060–1490 Cals)

TUESDAY
Jalapeño BBQ Chicken Burger

Grilled chicken, cheddar, jalapeños, lettuce, tomatoes, red onions & pickles, topped with barbeque sauce & chipotle mayo. (780–1210 Cals)

WEDNESDAY
Loaded Mushroom Burger

Mozza, sautéed mushrooms, lettuce, tomatoes, red onions & pickles, topped with barbeque sauce & mayo. (770–1200 Cals)

THURSDAY
Mediterranean Chicken Burger

Grilled chicken, feta, smashed avocado, pico salsa, lettuce, tomatoes, red onions & pickles, topped with dill sauce. (720–1150 Cals)

FRIDAY
BBQ Philly Burger

Mozza, sautéed onions, peppers & mushrooms, lettuce, tomatoes, red onions & pickles, topped with barbeque sauce. (810–1240 Cals)

BURGERS SERVED WITH BROCCOLI CHEDDAR OR SEASONAL SOUP (110–250 CALS)**

*Regularly $17.99 | Taxes extra | Valid dine-in only | Not valid on statutory holidays. **Sub fries or homefries $1.00 (390–430 Cals)

HOT DRINKS

SUB OAT MILK
Add 99¢ (60–80 Cals)

Coffee/Tea
$2.99 (0 Cals)

Espresso
$2.99 (0 Cals)

Americano
$3.49 (0 Cals)

Specialty Tea
Earl Grey | Green | Apple Cinnamon | Chamomile | Peppermint | Decaf
$3.19 (0 Cals)

Cappuccino
Sweetened or unsweetened.
$3.99 (70–80 Cals)

Café Mocha
Hot chocolate & espresso topped with whip & chocolate drizzle.
$3.99 (170 Cals)

Hot Chocolate
Topped with whip & chocolate drizzle.
$2.99 (170 Cals)



Specialty Drinks (100–300 Cals)

COLD DRINKS

Morning Matcha Smoothie
Matcha, peach, mango & apple.
$6.99 (180 Cals)

Tropical Sunrise Smoothie
Mango, coconut, passion fruit, pineapple, chia seeds & apple.
$5.99 (190 Cals)

Rise & Berry Smoothie
Raspberry, strawberry, blueberry, blackberry, vanilla & apple.
$5.99 (170 Cals)

Mango Dragonfruit Lemonade
$6.49 (300 Cals)

Watermelon Limeade
$6.49 (210 Cals)



Smoothies (170–190 Cals)

Soft Drinks | Pepsi | Diet Pepsi | 7UP | Ginger Ale | Iced Tea (0–150 Cals) $2.49
Juice | Apple | Orange | Cranberry | Lemonade (140–160 Cals)..... $3.99
Milk | White | Chocolate (180–240 Cals) $3.99



Watermelon Limeade (210 Cals)

Mango Dragonfruit Lemonade (300 Cals)

ICED OR HOT LATTES

Latte
Sweetened or unsweetened.
$4.99 (100–130 Cals)

French Vanilla Latte
$5.49 (240–260 Cals)

Caramel Macchiato
$6.99 (250–260 Cals)

Dirty Chai Latte
$6.99 (240–260 Cals)

Vanilla Cookie Butter Crunch Latte
$5.99 (280–300 Cals)

Honey Oat Latte
$6.99 (240–260 Cals)

Strawberry Matcha
$7.49 (210–240 Cals)

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BREAKFAST

Express
2 eggs, choice of bacon, ham or sausage, homefries & toast. Sub peameal or turkey bacon, add $1.00.
$12.99 (770–1100 Cals)

Express No Meat (V)
2 eggs, homefries, sliced tomatoes & toast. $11.49 (700–760 Cals)

Jumbo Express
3 eggs, choice of bacon, ham or sausage, homefries & toast. Sub peameal or turkey bacon, add $1.00.
$14.99 (1030–1440 Cals)

The Meatlover's
3 eggs with bacon, ham, sausage, homefries & toast. $17.99
(1500–1560 Cals)

Breakfast Wrap (V)
3 eggs with your choice of 4 toppings: onions, peppers, tomatoes, mushrooms, jalapeños, spinach, smashed avocado, pico salsa, bacon, ham, sausage, cheddar, mozza or feta. Served with homefries.
$16.99 (960–1220 Cals)

Corned Beef Smash
2 eggs, corned beef, onions & smashed potatoes served with toast & Stacked sauce. $17.99 (890–950 Cals)

Junior Stack
2 eggs served with 1 bacon, 1 sausage, 1 pancake, homefries & toast.
$14.99 (1040–1100 Cals)

Pancake Stack
2 eggs served with 2 bacon, 2 sausage, 2 pancakes & homefries.
$17.99 (1480 Cals)

Pancake Stack No Meat (V)
$15.99 (1060 Cals)

French Toast Stack
2 eggs served with 2 bacon, 2 sausage, 2 pieces of french toast & homefries.
$18.99 (1470 Cals)

Waffle Stack
2 eggs served with 2 bacon, 2 sausage, 2 mini waffles & homefries.
$18.99 (1180 Cals)

Crepe Stack
2 eggs, 2 bacon, 2 sausage, homefries & a choice of either Banana Berry (contains NUTELLA®) or Strawberry Vanilla Crepes.
$20.99 (1600–1720 Cals)

ADD SIGNATURE FLAVOUR TO STACK*
Add $1.99**
*Excluding Crepe Stack
**Add Premium flavour to pancakes for $2.99

(V) *Vegetarian*
(GFr) *Gluten-friendly*
High Protein


Pancake Stack (1480 Cals)



BREAKFAST UPGRADES

Onions In Your Homefries (V)
$1.29 (90 Cals)

Crisp Up Your Homefries (V)
Fried homefries tossed with parmesan & topped with green onions.
$1.69 (190 Cals)

Spice Up Your Homefries (V)
Topped with sautéed onions, peppers & jalapeños. $1.99 (100 Cals)

Holly Up Your Homefries (V)
Topped with hollandaise & cheddar.
$2.99 (170 Cals)

Homefries Out, Fruit In (V)
Sub homefries for a large fresh fruit bowl. $2.99 (220 Cals)


Homefries Out, Fruit In (220 Cals)

STARTING LIGHT

Healthy Start (V)
2 poached eggs, fresh fruit & rye toast. $13.99 (620 Cals)

Yogurt Parfait (V)
Vanilla yogurt, maple syrup, granola, banana & mixed berries. Served with toast. $14.99 (660–720)

Veggie Scrambler (V)
2 eggs scrambled with onions & peppers, topped with smashed avocado & pico salsa. Served with homefries or fresh fruit & toast. $15.99 (610–880 Cals)



EGGS BENEDICTS

GARNISHED WITH GREEN ONIONS & SERVED WITH HOMEFRIES.

Traditional Benedict
Your choice of peameal, ham, bacon or turkey bacon. Topped with hollandaise & cheddar. $17.99 (930–1070 Cals)

Mushroom Bruschetta Benedict (V)
Sautéed spinach & mushrooms, pico salsa, hollandaise, feta & balsamic glaze. $17.99 (870 Cals)

Hot Honey Chicken & Waffle Benedict
Waffle with crispy chicken tenders tossed in hot honey, hollandaise, Stacked sauce & cheddar. $21.99 (1300 Cals)

Steak Benedict
Seasoned steak tossed with sautéed peppers & mushrooms, hollandaise & barbeque sauce. $25.99 (1230 Cals)

Southwest Benedict (V)
Smashed avocado, corn & black bean salsa, chipotle mayo, hollandaise, pickled red onion & cheddar. $18.99 (1170 Cals)

Smoked Salmon Benedict
Smoked salmon, smashed avocado, dill sauce, pickled red onion, hollandaise & paprika. $21.99 (1080 Cals)





AVOCADO TOASTS

SERVED WITH HOMEFRIES OR FRESH FRUIT.

Avocado Toast (V)
2 pieces of rye toast topped with smashed avocado, pico salsa & 2 medium-poached eggs. $15.99 (680–890 Cals)

Hot Honey Avocado Toast
2 pieces of rye toast topped with smashed avocado, corn & black bean salsa, cheddar, bacon, hot honey drizzle & 2 medium-poached eggs. $17.99 (1200–1450 Cals)

Smoked Salmon Avocado Toast
2 pieces of rye toast topped with smashed avocado, dill sauce, pickled red onion, smoked salmon, 2 medium-poached eggs & paprika. $20.99 (790–1040 Cals)

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OMELETTES

SERVED WITH HOMEFRIES & TOAST.

Deluxe Western
Ham, onions, peppers & cheddar.
$15.99 (980–1040 Cals)

Mexican
Sausage, onions, peppers, mozza, buffalo sauce, smashed avocado & pico salsa. $17.99 (1050–1110 Cals)

Harvest Dill (V)
Spinach, mushrooms, onions & mozza, topped with hollandaise, dill sauce & pico salsa. $17.99 (980–1040 Cals)

Chipotle Chicken
Grilled chicken, egg whites, mozza, onions, peppers, spinach, chipotle mayo & pico salsa.
$19.99 (780–840 Cals)

Great Canadian
Bacon, mushrooms & cheddar.
$15.99 (1120–1180 Cals)

Homestyle
Bacon, ham, sausage, onions, peppers & cheddar. $16.99 (1150–1210 Cals)

Spinach (V)
Spinach, tomatoes, mushrooms, onions, peppers & feta.
$16.99 (880–940 Cals)

Build Your Own (V)
3 eggs with your choice of 4 toppings: onions, peppers, tomatoes, mushrooms, jalapeños, spinach, smashed avocado, pico salsa, bacon, ham, sausage, cheddar, mozza, feta or barbeque sauce.
$16.99 (680–1200 Cals)



SUB EGG WHITES
Add $1.99 (60 Cals)



HASHES

TOSSED WITH HOMEFRIES, TOPPED WITH 2 EGGS & GARNISHED WITH GREEN ONIONS. SERVED WITH TOAST.

Bacon Cheeseburger Hash (78g)
Ground beef, bacon, sautéed onions, cheddar & chipotle mayo.
$19.99 (2190–2250 Cals)

Mexican Hash
Sausage, sautéed onions & peppers, mozza, buffalo sauce, smashed avocado & pico salsa.
$18.99 (1560–1620 Cals)

Cowboy Hash
Bacon, ham, sausage, sautéed onions & peppers, cheddar & barbeque sauce.
$18.99 (1590–1650 Cals)

Maple Benedict Hash (64g)
Peameal, cheddar, hollandaise & maple syrup. $19.99 (1730–1790 Cals)

Veggie Hash (V)
Sautéed mushrooms, tomatoes, onions, peppers & spinach, smashed avocado & pico salsa.
$17.99 (1190–1250 Cals)

Hot Honey Chicken Hash
Crispy chicken tenders tossed in hot honey, corn & black bean salsa, cheddar & buttermilk ranch.
$20.99 (2030–2090 Cals)

Southwest Steak Hash (65g)
Seasoned steak, mozza, sautéed peppers & mushrooms, chipotle mayo, corn & black bean salsa & smashed avocado.
$25.99 (2200–2260 Cals)





PREMIUM STACKS

TOPPED WITH ICING SUGAR & WHIP.

Honey Butter (V)
Soaked in our famous housemade honey butter. $16.99 (1520 Cals)

Cinnabun Cakes (V)
Our fan favourite pancakes filled with cinnabun, topped with cream cheese icing. $16.99 (1480 Cals)

Apple Honey Butter Crunch (V)
Housemade honey butter, apple compote & granola.
$18.99 (1500 Cals)

Confetti Cookie (V)
Filled & topped with crushed OREO® & sprinkles, finished with vanilla icing.
$17.99 (1410 Cals)

Cookie Butter (V)
Filled & topped with Biscoff® cookie butter topping & Biscoff® cookie crumble, finished with vanilla icing.
$18.99 (1630 Cals)

NY Strawberry Cheesecake (V)
Topped with housemade strawberry jam, cream cheese icing, Biscoff® cookie crumble & fresh strawberries.
$16.99 (1260 Cals)

Jalapeño Cheddar Chicken
Filled with jalapeños & cheddar. Topped with bacon bits, crispy chicken tenders tossed with housemade honey butter, ranch & green onions (no whip).
$20.99 (1600 Cals)



SIGNATURE STACKS

TOPPED WITH ICING SUGAR & WHIP. (V)

Pancakes
$11.99 (750 Cals)

Gluten-Friendly Pancakes (GFr)
$14.99 (870 Cals)

Chocolate Chip
$13.99 (940 Cals)

Blueberry
$13.99 (850 Cals)

Strawberry Banana
$14.99 (960 Cals)

Strawberry with NUTELLA®
$15.99 (1120 Cals)



CREPES

TOPPED WITH ICING SUGAR & WHIP. SERVED WITH HOMEFRIES. (V)

Spinach Florentine Crepes
2 crepes stuffed with eggs, spinach, mushrooms, onions & mozza. Topped with hollandaise & pico salsa (no icing sugar or whip). $17.99 (1050 Cals)

Banana Berry Crepes
2 crepes stuffed with NUTELLA® & bananas. Topped with fresh strawberries & chocolate drizzle.
$16.99 (1030 Cals)

Strawberry Vanilla Crepes
2 crepes stuffed with housemade strawberry jam & bananas. Topped with vanilla icing & fresh strawberries. $16.99 (1150 Cals)



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SIGNATURE WAFFLES

TOPPED WITH ICING SUGAR & WHIP.

Waffle V
$12.99 (420 Cals)

Gluten-Friendly Waffle GFr V
$15.99 (560 Cals)

Strawberry Banana Cookie Butter V
Biscoff® cookie-infused waffle topped with banana, Biscoff® cookie butter topping, Biscoff® cookie crumble & fresh strawberries. $19.99 (1200 Cals)

Strawberries & Cream with NUTELLA® V
Topped with cream cheese icing, NUTELLA® & fresh strawberries.
$17.99 (780 Cals)

Cookies & Cream V
Filled and topped with crushed OREO® & vanilla icing.
$16.99 (700 Cals)

Hot Honey Chicken & Waffles
Cheddar-infused waffle, crispy chicken tenders tossed in hot honey, topped with gar-parm drizzle & green onions (no icing sugar or whip).
$19.99 (1180 Cals)

Traditional Chicken & Waffles
Crispy chicken tenders with real Canadian maple syrup (no whip).
$19.99 (1240 Cals)

BRUNCH SANDWICHES

SERVED WITH FRIES, HOMEFRIES, SOUP OR UPGRADE YOUR SIDE.

Ultimate P.E.C.
Cheddar, mozza, fried eggs, peameal, tomatoes & smashed avocado, grilled on rye. $18.99 (880–1200 Cals)

Toasted Western
Eggs mixed with ham & onions.
$14.99 (420–800 Cals)

Shaved Ham & Egg Melt
Shaved ham smothered with mozza, cheddar & eggs, grilled on rye.
$15.99 (690–1010 Cals)

Avocado Brunch Sandwich V
Eggs, smashed avocado, mozza, lettuce, tomatoes & chipotle mayo.
$16.99 (1080–1400 Cals)

B.L.T.
Bacon, lettuce, tomatoes & mayo.
$14.99 (700–1080 Cals)

Breakfast Club
Triple decker with cheddar, bacon, eggs, lettuce, tomatoes & mayo.
$17.99 (850–1230 Cals)



Ultimate P.E.C. (880–1200 Cals)

SIGNATURE FRENCH TOAST

MADE WITH BRIOCHE BREAD & TOPPED WITH ICING SUGAR, WHIP & CINNAMON. V

French Toast
$12.99 (760 Cals)

Gluten-Friendly French Toast GFr
$15.99 (1030 Cals)

Strawberry Banana
$15.99 (880 Cals)

Caramel Apple Crisp
Topped with apple compote, caramel drizzle & granola.
$17.99 (1160 Cals)

Berry Cheesecake
Topped with housemade strawberry jam & blueberry jam, cream cheese icing, Biscoff® cookie crumble, fresh strawberries & blueberries.
$18.99 (1210 Cals)

Strawberry Banana with NUTELLA®
Topped with NUTELLA®, bananas & fresh strawberries. $17.99 (1310 Cals)



Caramel Apple Crisp French Toast (1160 Cals)

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BURGERS & WRAPS

SERVED WITH FRIES, HOMEFRIES, SOUP OR UPGRADE YOUR SIDE. HOUSEMADE BURGERS TOPPED WITH LETTUCE, TOMATOES, RED ONIONS & PICKLES.

Country Burger
Comes plain, feel free to top it any way you would like.
$16.99 (790–1110 Cals)

Banquet Burger (61g)
A cheddar & bacon-topped beef patty.
$18.99 (1150–1470 Cals)

Veggie Smash Burger
2 veggie patties topped with Stacked sauce. $16.99 (750–1070 Cals)

Avocado Breakfast Burger (71g)
Over-medium egg & smashed avocado on a cheddar & peameal-topped beef patty. $20.99 (1320–1640 Cals)

Chipotle Chicken & Avocado Wrap
Grilled chicken, bacon, cheddar, smashed avocado, romaine & pico salsa tossed in chipotle mayo.
$19.99 (1380–1700 Cals)

Buffalo Chicken & Bacon Ranch Wrap
Crispy chicken tenders, bacon, cheddar, romaine & tomatoes tossed in buffalo ranch. $17.99 (1230–1660 Cals)

Crispy Chicken Caesar Wrap
Crispy chicken tenders, bacon, romaine & parmesan tossed in caesar dressing.
$17.99 (1340–1660 Cals)

BURGERS MADE FRESH IN-HOUSE!

Avocado Breakfast Burger (1320–1640 Cals)



LUNCH

SERVED WITH FRIES, HOMEFRIES, SOUP OR UPGRADE YOUR SIDE.

Stacked Club (62g)
Triple decker with chicken, shaved ham, bacon, lettuce, tomatoes, cheddar & mayo.
$20.99 (1110–1490 Cals)

Hot Honey Chicken Grilled Cheese Melt (70g)
Crispy chicken tenders tossed in hot honey with cheddar, mozza, dill pickle, dill sauce & green onions.
$19.99 (1280–1600 Cals)

Veggie Grilled Cheese (V)
Cheddar, mozza, sautéed onions, peppers & jalapeños, tomatoes & chipotle mayo.
$14.99 (1170–1550 Cals)

Grilled Chicken Caesar Salad
Romaine, bacon & parmesan tossed in caesar dressing. Topped with croutons & grilled chicken.
Side not included. $18.99 (1240 Cals)

Chicken Fingers
Crispy chicken tenders served with fries. $17.99 (1010–1600 Cals)

Get Them Sauced & Tossed
Your choice of barbeque, buffalo or hot honey, served with buttermilk ranch to dip. $2.99 (220–270 Cals)

The Reuben
Corned beef, mozza, sauerkraut & Stacked sauce, grilled on rye.
$18.99 (880–1200 Cals)

Grilled Chicken Sandwich
Grilled chicken, cheddar, lettuce, tomatoes, smashed avocado & chipotle mayo on a bun.
$19.99 (1140–1460 Cals)

Avocado Chicken Bowl
Romaine tossed in dill sauce, topped with corn & black bean salsa, cheddar, bacon bits, pickled red onion, smashed avocado & grilled chicken.
Side not included. $20.99 (800 Cals)

UPGRADES & SIDES

LUNCH UPGRADES

Sub Classic Poutine (350 Cals) $2.99
Sub Caesar Salad (300 Cals) $3.99

SIDES

Bacon (380 Cals) $3.99
Ham (110 Cals) $3.99
Sausage (460 Cals) $3.99
Peameal (230 Cals) $4.99
Turkey Bacon (180 Cals) $4.99
Fresh Soup (110–250 Cals) $4.99
Extra Egg (70 Cals) $1.99
Fresh Fruit (220 Cals) $5.99
Homefries (430 Cals) $4.99
French Fries (390 Cals) $4.99
Gravy (50 Cals) $1.99
Hollandaise (160 Cals) $3.99
Toast n' Jam (200–260 Cals) $2.99
Real Canadian Maple Syrup (90 Cals) $1.99
Single Pancake (260 Cals) $3.99

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